



# Healthy Schools Assessment Report for Willow Springs Middle School












Report showing responses your team has made on your school's healthy schools assessment.

## Policy & Environment


QUESTION	NAME	STATUS
PO-3	Local school wellness policy	Fully in place
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PO-1	Representative school health committee or team	Fully in place
PO-2	Written school health and safety policies	Partially in place
PO-4	School's start times	Partially in place
PO-5	Health services provided by a full-time school nurse	Fully in place
PO-6	Counseling, psychological, and social services provided by a full-time counselor, social worker, and psychologist	Partially in place
PO-7	Parenting strategies	Partially in place
PO-8	Family engagement in school decision making	Fully in place
PO-9	Community involvement in school health initiatives	Partially in place
PO-10	Out-of-school programs	Fully in place







## Nutrition Services

QUESTION	NAME	STATUS
NS-1	Breakfast and lunch programs	Fully in place







QUESTION	NAME	STATUS
NS-2	School breakfast	 Under development
NS-3	School lunch	 Under development
NS-4	Variety of offerings in school meals	 Fully in place
NS-5	Promote healthy food and beverage choices and school meals using marketing and merchandising techniques.	 Fully in place
NS-6	Annual continuing education and training requirements for school nutrition services staff	 Fully in place
NS-7	Venues outside the cafeteria offer fruits and vegetables	 Fully in place
NS-8	Collaboration between school nutrition services staff members and teachers	 Fully in place
NS-9	Student and family involvement in the school meal programs and other foods and beverages sold, served and offered on school campus.	 Fully in place
NS-10	Prohibit using food as reward or punishment	 Partially in place
NS-11	Adequate time to eat school meals	 Fully in place
NS-12	Farm to School activities	 Fully in place







### Smart Snacks

QUESTION	NAME	STATUS
SS-6	All foods and beverages served and offered during the extended school day meet the USDA's Smart Snacks in School nutrition standards	 Partially in place









QUESTION	NAME	STATUS
SS-7	Fundraising efforts during and outside school hours meet the USDA's Smart Snacks in School nutrition standards	 Partially in place
SS-1	All foods sold during the school day meet the USDA's Smart Snacks in School nutrition standards	 Fully in place
SS-2	All beverages sold during the school day meet the USDA's Smart Snacks in School nutrition standards	 Fully in place
SS-3	Food and beverage marketing	 Fully in place
SS-4	All foods and beverages served and offered during the school day meet the USDA's Smart Snacks in School nutrition standards	 Partially in place
SS-5	All foods and beverages sold during the extended school day meet the USDA's Smart Snacks in School nutrition standards	 Fully in place

## Health & Physical Education







QUESTION	NAME	STATUS
HPE-1	Minutes of physical education per week	 Partially in place
HPE-2	Years of physical education	 Fully in place
HPE-3	Sequential physical education curriculum consistent with standards	 Fully in place
HPE-4	Students active at least 50% of class time	 Fully in place
HPE-5	Professional development for physical education teachers	 Fully in place
HPE-6	Information and materials for physical education teachers	 Fully in place

QUESTION	NAME	STATUS
HPE-7	Licensed physical education teachers	 Fully in place
HPE-8	Health education taught in all grades	 Fully in place
HPE-9	Required health education course	 Fully in place
HPE-10	Essential topics on physical activity	 Fully in place
HPE-11	Essential topics on healthy eating	 Partially in place
HPE-12	Opportunities to practice skills	 Fully in place

### Physical Activity

QUESTION	NAME	STATUS
PA-1	Recess	 Fully in place
PA-2	Availability of physical activity breaks in classrooms	 Under development
PA-3	Promotion or support of walking and bicycling to and/or from school	 Partially in place
PA-4	Availability of before- and after-school physical activity opportunities	 Fully in place
PA-5	Professional development for classroom teachers	 Under development
PA-6	Prohibit using physical activity as punishment	 Fully in place
PA-7	Prohibit withholding recess as punishment	 Partially in place
PA-8	Access to physical activity facilities outside school hours	 Fully in place

## Employee Wellness

QUESTION	NAME	STATUS
EW-1	Health assessments for staff members	 Fully in place
EW-2	Programs for staff members on physical activity/fitness	 Fully in place
EW-3	Programs for staff members on healthy eating/weight management	 Unanswered
EW-4	Promote staff member participation	 Fully in place
EW-5	Stress management programs for staff	 Partially in place
EW-6	All foods served and sold to staff meet the USDA's Smart Snacks in School nutrition standards	 Under development

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