

**Willow Springs R-IV School District
Wellness Committee Meeting
Wednesday, April 20, 2022
3:30 PM**

- **Call to order-3:30 pm**
- **Roll call/Introductions: Those present: William Hall, Ashley Forrest, Stephanie Gentry, Dr. Marty Spence, Mac Gum, Michelle Ferguson**
- **Status update:**
 - **COVID update/MO moves to endemic phase-MO has entered endemic phase. Federal Mask Mandate has been lifted.**
 - **Workout room move-The workout room has been moved to the Old Gym**
 - **Staff/athlete Wellness programs--Natalie Allen, MEd, RD, LD presented on March 23rd in Grimes Auditorium.**
 - **Members for next year-A very big thank you to our members for participating in the Wellness Committee this year! Please let me know if you do not wish to participate next year. Also, new members are always welcome!**
 - **Coach Bunch and his Elementary students were able to raise \$1200 for the American Heart Association with Jump Rope for Heart!**
 - **New PE equipment was purchased for coaches in all buildings with the remaining grant money thru the Missouri Foundation for Health.**

4) Upcoming:

- **Fourth grade Hinds Farm Field Trip-Scheduled for Tuesday, May 17th, weather permitting**
- **Adjourn-3:45pm.**