

**Willow Springs R-IV School District**  
**Wellness Committee Meeting**  
**Wednesday, October 12, 2022**  
**3:30 PM**

- **Call to order-** Meeting was called to order at 3:30 PM
- **Roll call/Introductions-** Members present: Dr. Marty Spence, Dr. Jon Johnson, Chris Rodgers, Nick Schmitt, Michelle Ferguson, Ashley Forrest, Stephanie Gentry, Isabella Melvin-MSU Nursing student, Regina Roberts, Mac Gum, Julie Owens
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- **Status update:**
  - **COVID update/Safe Return Plan-**New aspects of the current Safe Return Plan were discussed
  - **Wellness Policy Updates/Admin. Review-**Proposed changes to the current Wellness policy were discussed and approved by the Committee. These changes will be brought before the School Board for approval at the November session. Our Administrative Review is scheduled for Feb. 6<sup>th</sup>-10<sup>th</sup>, with an exit interview also scheduled for March 2<sup>nd</sup> and 3<sup>rd</sup>. Details about what the Administrative Review would entail were discussed.
  - **Regina Roberts-dietary update-**The MO Beef Program has been great success for our district. So far this year, the school has not had to purchase any beef. All beef consumed has been donated by local farmers. The School Garden will be providing leaf lettuce to the cafeteria soon.

**4) Upcoming:**

- **K-4 Fluoride Varnish Oct 20-**Approximately 330 students have signed up for this. Students will receive an exam and varnish on October 20<sup>th</sup>, followed by a second application of varnish in 3 months. Only those students with a parental consent on file will be allowed to participate.
- **Hunter's Safety Course Oct 22-**Mr. Talburt
- **Staff Weight Loss Challenge November 2022-**Begins prior to Thanksgiving break and runs until January 3<sup>rd</sup>. More information will be emailed out.
- **Kid-Sight Amblyopia Screening-December 2022-**Provided for all Pre-K and Kindergarten students.
- **Open Questions/Comments/Suggestions**
- **Adjourn-4:00pm**